



Health Care Reform Impacts OTC Purchases Beginning January 1, 2011

The Health care reform Legislation signed into law in March 2010 by the President will impact over the counter (OTC) purchases with Health Care FSA, HRA and HSA accounts beginning January 1, 2011.

OTC drugs and medicines remain eligible with a prescription from a medical professional. OTC drugs and medicines will no longer be available for purchase using the NBS Debit Card. You may still be reimbursed for these items; however, you must obtain a letter of medical necessity from your provider and submit a copy of the letter along with the receipt as a manual reimbursement.

It is important to note that not all OTC items will be affected; items such as band aids, contact lens cleaning solution, thermometers, etc. will remain eligible without a letter of medical necessity.

The items affected include items in the following categories:

- Acid Controllers
- Allergy & Sinus
- Antibiotic Products
- Anti-Diarrheal
- Anti-Gas
- Anti-Itch & Insect Bite
- Baby Rash Ointments/Creams
- Cold Sore Remedies
- Cough, Cold & Flu
- Digestive Aids
- Feminine Anti-Fungal/Anti-Itch
- Hemorrhoid Preps
- Laxatives
- Motion Sickness
- Pain Relief
- Respiratory Treatment
- Sleep Aids & Sedatives
- Stomach Remedies

***Please be sure to take these changes into account when making your new year election!**