



Employee Wellness Program

1. Biometric screening
2. Annual Preventative Physical Exam
3. Annual Preventative Dental Exam/Cleaning.
4. Monthly Fitness Challenges @ 75% or better.
5. Monthly Nutritional Challenges @ 75% or better.

To earn the annual incentive, participants must complete ALL requirements for that level.

BRONZE (\$50)

1. Biometric screening
2. Annual Preventative Physical Exam
3. Annual Dental Exam/Cleaning
4. Six months tracked Fitness Challenge
5. Six month tracked Nutritional Challenge

SILVER (\$150)

1. Biometric screening
2. Annual Preventative Physical Exam
3. Annual Dental Exam/Cleaning
4. Nine-ten months tracked Fitness Challenge
5. Nine-ten months tracked Nutritional Challenge

GOLD (\$300)

1. Biometric screening
2. Annual Preventative Physical Exam
3. Annual Dental Exam/Cleaning
4. Eleven-twelve months tracked Fitness Challenge
5. Eleven-twelve months tracked Nutritional Challenge

The Wellness incentive is open to employees enrolled in one of Tall Tree's Health Plans. Employees who are retiring/exiting PCSD employment at the end of the school year will be eligible for whatever incentive level has been earned as of May 31.